

Pathway to Zero Carbon Emissions

A case study of decisions made and the Zero over Time Process

December 8, 2022 presentation to Energy Cohort Group Prepared by Cascap/HRI New Ecology Inc. (NEI)









Built in 2004 241 Watertown St. Newton MA

35 one- bedroom apartments 20,000 sq. ft. building

HUD 202 Supportive Housing for the Elderly 100% affordable 50% of AMI maximum





GOALS

Owner:

- At end of building components useful life, improve energy efficiency
- Decarbonize building
- Maintain comfort and indoor air quality for Seniors
- Incorporate maintenance and operation awareness

City of Newton Climate Action Plan:

Carbon Neutral by 2050

Zero Over Time Plan:

- Energy Use and Carbon Reduction
- Improved Resilience
- Address Embodied Carbon



Key Partners

Funders:

City of Newton CPA	\$500K
LEAN	\$207K
NVP replacement reserves	\$144K
City of Newton CDBG	\$100K
Charlesbank Foundation	\$ 50K

Technical Assistance

LISC

New Ecology Inc. (NEI)- ZOT Resonant Energy- Solar studies

BC Stewart-CNA

Wegowise- data on energy/water use

Property Management Company:

Wingate Companies

Contractors

J&S Building Exteriors

K J Miller Mechanical Inc.

Smartbuild LLC



Challenges/concerns

- Insufficient replacement reserve funds to complete energy, capital goals
- Construction during Covid
 - what could/should wait
 - Impact on tenants.
- Air Source Heat Pumps (ASHP) in elderly building
 - tenant's comfort
 - equipment performance in winter
- Fuel shifting: Changing from gas to electricity. Uncertain operating cost savings
- LEAN/Mass Save- setting new policies on how decarbonization evaluated

Process and Timeline



• 2016-2021

• How is the building performing?

• Failing building components

• High Energy Consumption areas energy and water

• Potential funding sources

• Jan-April 2021

• Initial construction scope and bids

• Charlesbank Foundation

• LEAN

City of Newton

• May 2021- August 2021

• Energy Audit

• Design Charrette

• Short Term and Long-Term Projects identified

Zero Over Time

Identified

Initial funding

applications

Funding and Retrofit scope • Refin

• June 2022 all funding committed

• HUD approval

• Refined construction scope

• Roofing, HVAC work started Fall 2022



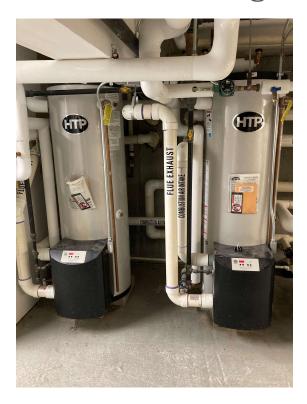
Tools

Capital Needs Assessment 2021

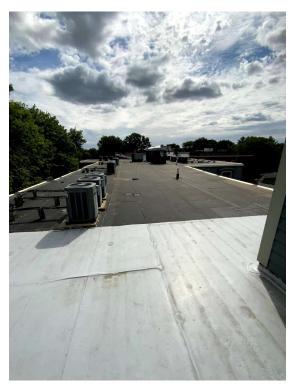
Zero over Time Process May 2021
Energy Audit
Design Charette
Zero over Time Report

City of Newton Climate Action Goals willingness to fund decarbonization.

NEI engineers working with contractors and property management to define scope and equipment



Domestic Hot Water 2 80 gallon gas fired tanks.



Building orientation excellent for solar array

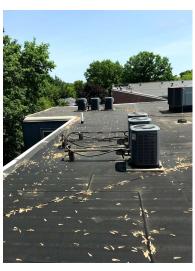
Existing components



Building is master metered. All utilities are paid by the owner. National Grid gas Eversource electricity







Existing Heating
Apartments heated
through 2 HTP high
efficiency Condensing
Boilers- to fan coil unit/air
handler in the apartment



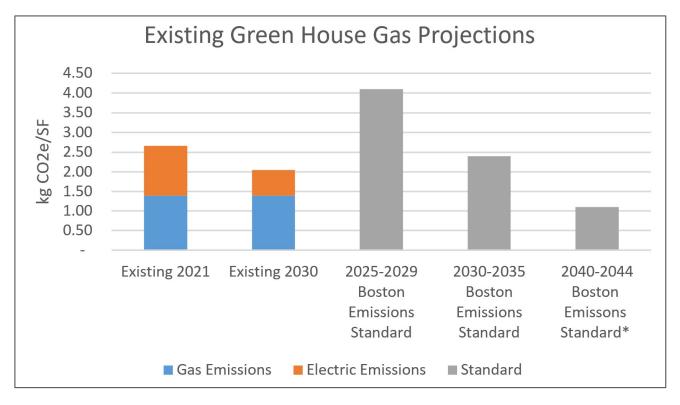
Existing cooling Apartments Cooled by individual fan coil unit connected to rooftop condenser (35 total)

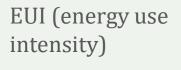
Existing common area

3 Roof Top Units with gas fired heating and electric supplied cooling coil.



Current Performance Overview





Existing: 47kBtu/SF

After proposed capital project: 30 kBtu/SF

Passive House standard: 30 kBtu/SF

CO2e/kWh based on NREL and Cambrium's energy grid "Standard Scenarios" viewer for electric energy in Massachusetts: https://cambium.nrel.gov/?project=c3fec8d8-6243-4a8a-9bff-66af71889958

Proposed Capital Project- \$1MM

- Replace roof add R-50 insulation
- Replace apartment condensing units/ fan coils with hybrid system:
 - heat pump/ hot water coil feeding new fan coils
 - controlled by 2-stage thermostat
 - switches to existing high efficiency gas boilers when temperature drops below 30F (~27% of heating)
- Replace gas fired RTU's w/ heat pump RTU's







Apartment Heating and Cooling Timeline



2021: Current System

- Central Gas-Fired Condensing Boiler
- Hot Water Coil in Fan Coil Unit
- 80% Efficient Heating, 11 SEER cooling





2022: Hybrid Heat Pump

- Central Gas-Fired Condensing Boiler (Below 30F)
- Apartment Heat Pumps (Above 30F)
- Hot Water Coil and Heat Pump in Fan Coil Unit
- 80% Efficient Gas HW, 3.1 COP Heat Pump, 20 SEER Cooling



2033: Full Electrification

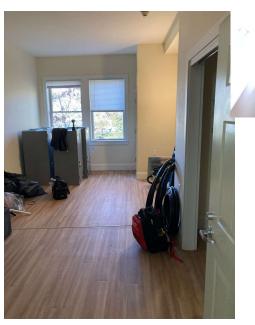
- Apartment Heat Pumps (All Temperatures)
- Heat Pump in Fan Coil Unit
- Above 30F: 3.1 COP, Below 30F: 2.4 COP, 20 SEER Cooling

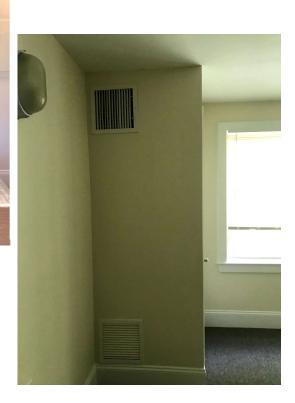




New TPO Roof being installed







In Unit work: New Air Handler with Fan coil unit

Over Time Measures

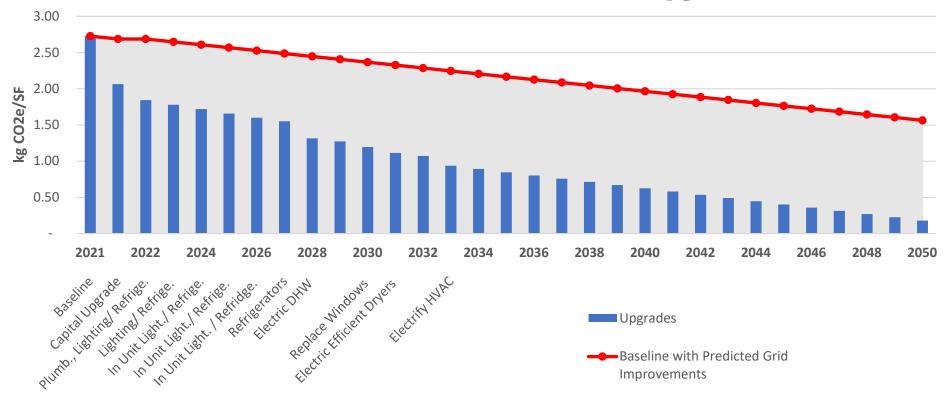
- In-Unit LED Lighting
- Low-Flow Plumbing Fixtures
- Energy Star Refrigerators and Dryers
- Window Replacement
- Solar PV
- Electrify HVAC (remove boilers)
- Heat Pump Domestic Hot Water Heater





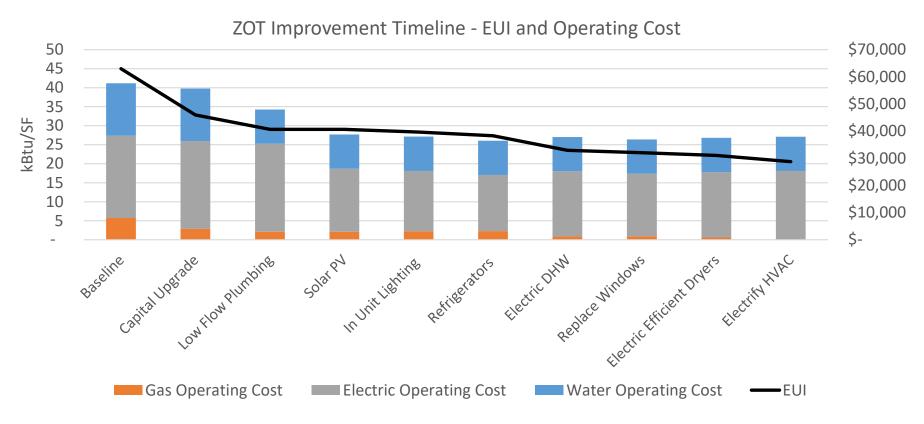


Carbon Emissions for Baseline Model and Model with Upgrades Over Time



Using NREL's Massachusetts electric grid carbon emissions projections between now and 2050, the graph above shows the passive carbon savings from the greening of the energy grid if no upgrades are performed (red line) and the savings if the upgrades noted are performed in tandem with the greening of the electric grid (blue bars).

Economic and Energy Overview



The graph above shows the cumulative impact on cost and Energy Use Index (EUI) impact with each progressive upgrade.

Key Take Away Points

- Review portfolio for properties with high energy usage or needed capital retrofits
- LISC funding Energy Audit/ZOT was an important first step
- Zero Over Time (ZOT) process established priorities and sensible next steps, timeline
 - Melded CNA and Sustainability/decarbonization goals.
 - Energy Audit Data- resource for funding application/discussion with funders.
 - Design Charrette gets everyone on the same page, identifies areas where need more information
- NEI technical staff worked with contractors to provide informed decisions on scope and specific equipment.
- City of Newton Climate Action Goals were central to City funding priorities.



LISC BOSTON





